

## Jesus Our Source | John 20:19-23

*“<sup>19</sup>On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, “Peace be with you.” <sup>20</sup>When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. <sup>21</sup>Jesus said to them again, “Peace be with you. As the Father has sent me, even so I am sending you.” <sup>22</sup>And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit. <sup>23</sup>If you forgive the sins of any, they are forgiven them; if you withhold forgiveness from any, it is withheld.””*

(John 20:19–23)

### **DISCUSS [Adapt the questions as needed]:**

- 1. Read the passage together as a group. It might be helpful to look at verses 1-18 as well.  
How would you describe the situation the disciples in when Jesus appeared to them (v19)?  
What were they feeling, and why?**

- 2. Why is it significant that Jesus comes to the disciples while they are still afraid?  
What does this reveal about Jesus’ heart toward fearful or struggling believers?**

- 3. The disciples saw Jesus physically, but we do not. Yet Peter says in 1 Peter 3:8 that though we do not see Him we can still rejoice in Him. How can we encounter and rejoice in the risen Christ today?**

4. **Why was it necessary for the disciples to be convinced that Jesus had indeed risen physically from the dead *before* Jesus spoke of sending them and giving them the Holy Spirit?**

**Gospel Reflection & Application** (adapt as you find suitable):

5. **How does Jesus' resurrection bring joy and peace to you? What is one way you can practice joy this week? What is one way you can share joy with someone else?**

*How can your group pray for one another in light of the truths discussed?*