

EASTER 2026 | THE RESET | Matthew 28:1-10

“¹Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. ²And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. ³His appearance was like lightning, and his clothing white as snow. ⁴And for fear of him the guards trembled and became like dead men.

⁵But the angel said to the women, “Do not be afraid, for I know that you seek Jesus who was crucified. ⁶He is not here, for he has risen, as he said. Come, see the place where he lay.

⁷Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you.”

⁸So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. And behold, Jesus met them and said, “Greetings!” ⁹And they came up and took hold of his feet and worshiped him. ¹⁰Then Jesus said to them, “Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.””

(Matthew 28:1–10)

DISCUSS:

- 1. What details from the passage show that: a) the women were *not* expecting a resurrection, and b) the events of that first Easter were clearly initiated by God, and impossible from human effort alone?**

- 2. Why does the angel explicitly mention “*Jesus who was crucified*” (v5)? What is the significance of naming the cross before announcing the resurrection?
How do the cross and resurrection together show both the seriousness of sin and the hope of new life?**

3. **Why does the angel tell the disciples to go to Galilee (v7)? What is the significance of Galilee in their journey with Jesus?**

4. **How do the women move from *fear* → *joy* → *mission* in this passage?**

Gospel Reflection & Application (adapt as you find suitable):

5. **How does knowing that Jesus has already dealt with sin at the cross give you courage to face the truth honestly?**

OR

**Is there an area where you feel stuck in the past (regret, guilt, disappointment)?
What might it look like to walk forward with Jesus instead?**

How can your group pray for one another in light of the truths discussed?