Named, Known, Loved | Luke 8:43-48

Read: Luke 8:43-48

Discuss *[adapt as needed]*:

1. The sermon began with a line: *"We are only as sick as our secrets."* Why might the things we hide do more damage than the struggles themselves? Without going into details you might be uncomfortable to share, what makes it hard for you to tell someone *"I'm not okay"*?

2. In our passage, the woman comes up *behind* Jesus (v44) and reaches only for the fringe of His robe. She wants healing without being seen. Modern versions of this might be things like: typing out a message asking for help and then deleting it, a prayer never said out loud, coming to church but hoping no one talks to you. Which of these feels familiar? Why might we prefer to be "healed but hidden"?

3. After the woman is healed, Jesus won't let her slip away. She has already been cured, why does He insist on bringing her before Him and the crowd? What does it mean that His first word to her is "Daughter"?

4. The sermon warned that “your faith has made you well” (v48) can be used as a weapon (“if you had more faith, you wouldn’t be depressed”). But the faith Jesus commends belongs to a woman lying on the ground, trembling, admitting she tried to hide. Have you ever been hurt by that kind of message, or said something like it to someone else? How does Jesus’ response change how we see our own faith when it’s shaky?

5. The sermon ended with two invitations: to give up carrying our burden alone, and to become “a community where people are known.” Luke doesn’t tell us how the crowd responded. What could our cell group do to make it safe for someone to say “I am struggling”?
   Spend some time praying for one another. Anyone who wants to can name a burden, even in a few words, and the rest of the group can pray for them.